

RELAYS- Long Course (50m)

Mens 4 x 100 Freestyle

Miles Munro	50.75	
Tom Hollingsworth	52.78	
Ben Lowndes	53.10	
Jeremy Osborne	51.80	3.28.43 Commonwealth Games, Glasgow 2014

Mens 4 x 200 Freestyle

Ian Powell	1.55.82	
Ian Hubert	1.59.81	
Tom Hollingsworth	1.54.92	
Ben Lowndes	2.00.20	7.50.75 Commonwealth Games, Delhi 2010

Mens 4 x 100 Medley

Back: James Jurkiewicz	59.69	
Breast: Luke Belton	1.05.87	
Fly: Tom Hollingsworth	57.54	
Fr: Miles Munro	49.79	3.52.89 Commonwealth Games Glasgow 2014

HISTORY

4 x100 Freestyle

Miles Munro	54.64	
James Jurkiewicz	54.89	
Ian Powell	52.70	
Tom Hollingsworth	52.57	3.34.80 Hamps County Champs, Portsmouth 2012

4 x 100 Medley

Back: Alexander Beaton	1.01.74	
Breast: Tom Hollingsworth	1.04.81	
Fly: Ian Powell	55.01	
Fr Ian Hubert	53.22	3.54.78 Commonwealth Games, Delhi 2010

Updated 30/08/2014