

ISLAND RECORDS
SHORT COURSE (25m)
MALE (Relays)

4 x 50 Medley

Bk	Tom Hollingsworth	25.03			
Br	Ben Lowndes	29.19			
Fly	Matt Girard	25.33			
Fr	Miles Munro	21.99	1.41.54	Island Games	Jersey 2015

4 x 50 Freestyle

Jeremy Osborne	23.73				
Ben Lowndes	23.00				
Tom Hollingsworth	22.97				
Miles Munro	21.84	1.31.54		Island Games	Bermuda 2013

4 x 100 Medley

Bk	Ian Powell	54.69			
Br	Tom Hollingsworth	63.01			
Fly	Ben Lowndes	56.27			
Fr	Jeremy Osborne	51.11	3.44.98	Island Games	Isle of Wight 2011

4 x 100 Freestyle

Matt Girard	52.20				
Ben Lowndes	50.77				
Tom Hollingsworth	50.14				
Miles Munro	48.35	3.21.46		Island Games	Jersey 2015

Updated 27th July 2015

ISLAND RECORDS -SHORTCOURSE (25m)
FEMALE (Relays)

4 x 50 Freestyle

Tatiana Tostevin	27.09		
Laura Le Cras	26.60		
Orla Rabey	26.75		
Courtney Butcher	25.42	1.45.86	Island Games Gotland 2017

4 x 50 Medley

Bk	Tatiana Tostevin	29.32		
Br	Laura Le Cras	33.57		
Fly	Orla Rabey	28.36		
Fr	Courtney Butcher	26.33	1.57.58	Island Games Gibraltar 2019

4 x 100 Freestyle

Laura Le Cras	59.56		
Tatiana Tostevin	58.08		
Orla Rabey	57.10		
Courtney Butcher	57.70	3.52.44	Island Games Gibraltar 2019

4 x 100 Medley

Bk	Tatiana Tostevin	1.02.64		
Br	Laura Le Cras	1.13.17		
Fly	Orla Rabey	1.02.60		
Fr	Courtney Butcher	57.40	4.15.81	Island Games, Gibraltar 2019

4 x 50 Mixed Relay

Courtney Butcher	27.00		
Jonathan Beck	22.74		
Orla Rabey	26.98		
Miles Munro	22.21	1.38.93	Island Games Gotland 2017

Updated – 16th July 2019