

# GUERNSEY AMATEUR SWIMMING ASSOCIATION

## ISLAND LONG COURSE (50M) RECORDS MALE

<b>BUTTERFLY</b>					
50	Miles Munro	24.49	Commonwealth Games	Glasgow	24/07/14
100	Ian Powell	53.76	British Championships	Sheffield	20/03/09
200	Ian Powell	1.58.49	British Championships	Sheffield	20/03/09

<b>BACKSTROKE</b>					
50	Tom Hollingsworth	26.62	World Masters Champs	Budapest	26/08/17
100	Ian Powell	57.17	ASA Nat Championships	Sheffield	17/06/11
200	Ian Powell	2.04.16	British Champs	London	07/03/12

<b>BREASTSTROKE</b>					
50	Charlie-Joe Hallett	28.53	Devon County Age Group Champs	Plymouth	15/01/22
100	Charlie-Joe Hallett	1.03.57	SW Festival of Swimming	Plymouth	25/07/21
200	Tom Hollingsworth	2.20.01	Hampshire County Champs	Portsmouth	13/03/11

<b>FREESTYLE</b>					
50	Miles Munro	22.58	European Junior Champs	Dordrecht, N/lands	13/07/14
100	Miles Munro	49.65	British Summer Champs	Sheffield	31/07/15
200	Ian Powell	1.55.82	Lead Off Relay Com Games	Delhi	14/10/10
400	Jonathon Le Noury	4.10.64	Commonwealth Games	Melbourne	16/03/06
800	Jonathon Le Noury	8.48.10	Hampshire Champs	Aldershot	28/02/09
1500	Jonathon Le Noury	16.38.61	Commonwealth Games	Melbourne	16/03/06

<b>INDIVIDUAL MEDLEY</b>					
200	Tom Hollingsworth	2.05.13	ASA Nat Championships	Sheffield	17/06/11
400	Tom Hollingsworth	4.35.61	Metropolitan Champs,	Sydney	2008

**Updated 18<sup>th</sup> January 2022**