

**Inter Insular 2023 - 29/09/2023****Results - Session 1****Event 1 Women 16 & Over 100 SC Meter IM****Inter Insul: 1:06.30 R 2001****Natalie Bree****Finals Time**

Name	Age	Team	Finals Time	
1 Gemma Atherley	26	JSY	1:06.71	4
29.99	36.72			
2 Megan Hansford	17	JSY	1:07.28	3
30.73	36.55			
3 Laura Le Cras	20	GUE	1:09.38	2
31.34	38.04			
4 Jemima Green	18	GUE	1:10.42	1
31.69	38.73			

**Event 2 Men 16 & Over 100 SC Meter IM****Inter Insul: 59.02 R 2007****Tom Hollingsworth****Finals Time**

Name	Age	Team	Finals Time	
1 Filip Nowacki	16	JSY	1:00.10	4
27.49	32.61			
2 Joseph Swart	17	JSY	1:01.43	3
28.08	33.35			
3 Joshua Dunning	17	GUE	1:03.61	2
30.03	33.58			
4 Jonathan Beck	26	GUE	1:10.87	1
30.41	40.46			

**Event 3 Girls 11 & Under 200 SC Meter Freestyle Relay****Inter Insul: 2:07.69 R 2002****Guernsey****Finals Time**

Team	Relay	Finals Time	
1 GUE		2:13.45	4
1) Caletta Hern 11	2) Charlotte Miller 11		
3) Erin McKenna 11	4) Lotte Bolton 10		
33.82	34.97	33.42	31.24
2 JSY		2:19.40	1
1) Megan Militis 10	2) Orla Goodbody 11		
3) Sophia Robinson 11	4) Julia Strzezek 11		
38.14	33.66	34.53	33.07

**Event 4 Boys 11 & Under 200 SC Meter Freestyle Relay****Inter Insul: 2:05.28 R 2018****Jersey****I Thompson, F Nowacki, S Sterry, M Deffains****Finals Time**

Team	Relay	Finals Time	
1 JSY		2:13.37	4
1) Noah Preston 11	2) Spencer Smith 11		
3) Zac Howell 10	4) Phillip Zakrzewski 11		
34.64	33.40	32.39	32.94
2 GUE		2:17.14	1
1) Adam Beak 10	2) Caelen Osborough 10		
3) Nate Newton 11	4) Freddie Moherndl 10		
34.37	34.57	34.92	33.28

**Event 5 Girls 12-13 200 SC Meter Medley Relay****Inter Insul: 2:09.16 R 2008****Guernsey****Finals Time**

Team	Relay	Finals Time	
1 JSY		2:14.73	4
1) Elsa Dodds 13	2) Ellie Grant 12		
3) Niamh Church 12	4) Cerys Hansford 13		
32.61	36.49	35.66	29.97
2 GUE		2:15.46	1
1) Megan Carter 12	2) Jessica Boyle 13		
3) Scarlett-Rose Foss 13	4) Claudia Bailey 13		
35.11	35.81	33.87	30.67

**Event 6 Boys 12-13 200 SC Meter Medley Relay****Inter Insul: 2:07.36 R 2011****Jersey****A Johnson, G Jackson, H Shalomon, T Cairns****Finals Time**

Team	Relay	Finals Time	
1 GUE		2:12.83	4
1) Zach Maiden 12	2) Samuel Cann 13		
3) Cooper Robinson 12	4) Louis Moherndl 12		
32.94	35.77	31.93	32.19
2 JSY		2:25.65	1
1) Jack Militis 12	2) Barnaby Watson 12		
3) Ethan Mwanga 12	4) Renzo Young 12		
32.29	41.13	39.24	32.99

**Event 7 Girls 14-15 200 SC Meter Freestyle Relay****Inter Insul: 1:52.84 R 2018****Guernsey****T Tostevin, A Rabey, P Gallagher, L Le Cras****Finals Time**

Team	Relay	Finals Time	
1 GUE		1:52.91	4
1) Emma Bourgaize 14	2) Tara Kennedy 15		
3) Elodie Riley 15	4) Emily Hyland 14		
27.72	28.82	27.97	28.40
2 JSY		1:54.71	1
1) Bo Buckley 15	2) Georgie Corrigan 14		
3) Erin Goodbody 15	4) Elizabeth Powell 14		
28.48	28.97	29.01	28.25

**Event 8 Boys 14-15 200 SC Meter Freestyle Relay****Inter Insul: 1:44.06 R 2013****Jersey****T Cairns, C Swart, H Shalomon, G Jackson****Finals Time**

Team	Relay	Finals Time	
1 JSY		1:47.47	4
1) Harry Militis 14	2) Jacob Watson 14		
3) Isaac Thompson 15	4) Jakub Strzezek 14		
27.09	26.33	25.58	28.47
2 GUE		1:48.30	1
1) Dylan Graham 14	2) Joey Langford 14		
3) Oliver Russell 15	4) Cameron Lee 15		
27.51	27.65	26.07	27.07

**Event 9 Girls 16 & Over 200 SC Meter Medley Relay****Inter Insul: 2:02.64 R 2011****Jersey****K Smith, C Manning, E Jacklin, S Van Neste****Finals Time**

Team	Relay	Finals Time	
1 GUE		2:03.40	4
1) Hannah Kennedy 16	2) Laura Le Cras 20		
3) Molly Staples 19	4) Hannah Jones 18		
33.69	33.36	29.34	27.01
2 JSY		2:06.50	1
1) Megan Hansford 17	2) Amber Smith 16		
3) Gemma Atherley 26	4) Seren Coombs 17		
30.29	38.19	28.77	29.25

**Event 10 Boys 16 & Over 200 SC Meter Medley Relay****Inter Insul: 1:48.17 R 2019****Guernsey****T Hollingsworth, C Hallett, B Lowndes, J Beck****Finals Time**

Team	Relay	Finals Time	
1 JSY		1:47.87 R	4
1) Daniel Papworth 16	2) Filip Nowacki 16		
3) Joseph Swart 17	4) Matthew Deffains 16		
29.01	28.84	25.90	24.12
2 GUE		1:55.00	1
1) Conor Osborough 46	2) Luke Le Cras 18		
3) Joshua Dunning 17	4) Jonathan Beck 26		

## Inter Insular 2023 - 29/09/2023

## Results - Session 1

30.27 31.33 27.67 25.73

**Event 11 Girls 11 & Under 100 SC Meter Breaststroke**

Inter Insul: 1:23.92 R 1995

Melanie Colter

Finals Time

Name	Age	Team	Finals Time	
1 Orla Goodbody	11	JSY	1:35.07	4
44.87	50.20			
2 Caletta Hern	11	GUE	1:39.75	3
46.00	53.75			
3 Charlotte Miller	11	GUE	1:40.28	2
47.63	52.65			
4 Julia Strzerek	11	JSY	1:41.24	1
48.39	52.85			

**Event 12 Boys 11 & Under 100 SC Meter Breaststroke**

Inter Insul: 1:24.85 R 2011

Nathan Corrigan

Finals Time

Name	Age	Team	Finals Time	
1 Phillip Zakrzewski	11	JSY	1:36.54	4
45.83	50.71			
2 Spencer Smith	11	JSY	1:36.64	3
45.20	51.44			
3 Luke Adcock	11	GUE	1:42.39	2
47.93	54.46			
4 Kobe Robinson	10	GUE	1:50.09	1
51.55	58.54			

**Event 13 Girls 12-13 100 SC Meter Freestyle**

Inter Insul: 59.15 R 2009

Kristina Neves

Finals Time

Name	Age	Team	Finals Time	
1 Jessica Boyle	13	GUE	1:04.41	4
31.38	33.03			
2 Elsa Dodds	13	JSY	1:05.23	3
31.60	33.63			
3 Ellie Grant	12	JSY	1:05.48	2
31.45	34.03			
4 Scarlett-Rose Foss	13	GUE	1:11.31	1
34.53	36.78			

**Event 14 Boys 12-13 100 SC Meter Freestyle**

Inter Insul: 57.78 R 2009

Miles Munro

Finals Time

Name	Age	Team	Finals Time	
1 Jack Militis	12	JSY	1:01.92	4
30.47	31.45			
2 Zach Maiden	12	GUE	1:02.72	3
29.93	32.79			
3 Cooper Robinson	12	GUE	1:06.98	2
31.89	35.09			
4 Barnaby Watson	12	JSY	1:12.94	1
34.21	38.73			

**Event 15 Girls 14-15 100 SC Meter Butterfly**

Inter Insul: 1:06.41 R 2018

Laura Le Cras

Finals Time

Name	Age	Team	Finals Time	
1 Emma Bourgaize	14	GUE	1:08.51	4
32.89	35.62			
2 Chloe Hansford	15	JSY	1:09.16	3
32.20	36.96			
3 Elodie Riley	15	GUE	1:10.92	2
33.70	37.22			
4 Erin Goodbody	15	JSY	1:11.59	1
33.44	38.15			

**Event 16 Boys 14-15 100 SC Meter Butterfly**

Inter Insul: 59.37 R 2002

Simon Le Couilliard

Finals Time

Name	Age	Team	Finals Time	
1 Isaac Thompson	15	JSY	1:01.97	4
30.68	31.29			
2 Harry Militis	14	JSY	1:06.89	3
29.01	37.88			
3 Cameron Lee	15	GUE	1:10.24	2
31.87	38.37			
4 Olly Stephens	14	GUE	1:13.43	1
33.51	39.92			

**Event 17 Girls 16 & Over 100 SC Meter Backstroke**

Inter Insul: 1:04.82 R 2014

Courtney Butcher

Finals Time

Name	Age	Team	Finals Time	
1 Gemma Atherley	26	JSY	1:06.33	4
31.48	34.85			
2 Megan Hansford	17	JSY	1:07.00	3
32.13	34.87			
3 Hannah Kennedy	16	GUE	1:10.20	2
34.38	35.82			
4 Molly Staples	19	GUE	1:10.48	1
33.76	36.72			

**Event 18 Boys 16 & Over 100 SC Meter Backstroke**

Inter Insul: 58.30 R 2009

Tom Gaillichan

Finals Time

Name	Age	Team	Finals Time	
1 Filip Nowacki	16	JSY	59.96	4
28.22	31.74			
2 Luke Fleming	16	JSY	1:02.01	3
30.14	31.87			
3 Conor Osborough	46	GUE	1:07.18	2
32.40	34.78			
4 Enzo Crowson	16	GUE	1:09.64	1
32.86	36.78			

**Event 19 Girls 11 & Under 50 SC Meter Butterfly**

Inter Insul: 32.75 R 2007

Kristina Neves

Finals Time

Name	Age	Team	Finals Time	
1 Lottie Holland	11	GUE	35.08	4
2 Julia Strzerek	11	JSY	39.10	3
3 Lotte Bolton	10	GUE	39.48	2
4 Orla Goodbody	11	JSY	39.97	1

**Event 20 Boys 11 & Under 50 SC Meter Butterfly**

Inter Insul: 32.89 R 2018

Filip Nowacki

Finals Time

Name	Age	Team	Finals Time	
1 Phillip Zakrzewski	11	JSY	40.18	4
2 Freddie Moherndl	10	GUE	40.60	3
3 Adam Beak	10	GUE	42.25	2
4 Zac Howell	10	JSY	42.27	1

**Event 21 Girls 12-13 100 SC Meter Backstroke**

Inter Insul: 1:08.13 R 2016

Tatiana Tostevin

Finals Time

Name	Age	Team	Finals Time	
1 Elsa Dodds	13	JSY	1:09.10	4
33.78	35.32			
2 Ellie Grant	12	JSY	1:10.87	3
34.17	36.70			
3 Megan Carter	12	GUE	1:19.01	2
37.84	41.17			

**Inter Insular 2023 - 29/09/2023****Results - Session 1**

4 Scarlett-Rose Foss 13 GUE 1:20.49 1  
40.13 40.36

**Event 22 Boys 12-13 100 SC Meter Backstroke****Inter Insul: 1:05.85 R 2000****Simon Le Couilliard****Finals Time**

Name	Age	Team	Time	Rank
1 Jack Militis	12	JSY	1:11.16	4
34.80	36.36			
2 Cooper Robinson	12	GUE	1:14.15	3
36.25	37.90			
3 Zach Maiden	12	GUE	1:15.74	2
36.94	38.80			
4 Ethan Mwanga	12	JSY	1:20.47	1
38.71	41.76			

**Event 23 Girls 14-15 100 SC Meter Freestyle****Inter Insul: 57.41 R 2011****Emily Bashforth****Finals Time**

Name	Age	Team	Time	Rank
1 Emma Bourgaize	14	GUE	1:01.74	4
30.68	31.06			
2 Elodie Riley	15	GUE	1:02.22	3
30.61	31.61			
3 Bo Buckley	15	JSY	1:02.24	2
29.92	32.32			
4 Elizabeth Powell	14	JSY	1:02.76	1
30.30	32.46			

**Event 24 Boys 14-15 100 SC Meter Freestyle****Inter Insul: 52.69 R 2011****Miles Munro****Finals Time**

Name	Age	Team	Time	Rank
1 Isaac Thompson	15	JSY	56.68	4
27.61	29.07			
2 Jacob Watson	14	JSY	59.23	3
27.58	31.65			
3 Spike Jinks	14	GUE	1:00.47	2
28.40	32.07			
4 Cameron Lee	15	GUE	1:01.85	1
30.25	31.60			

**Event 25 Girls 16 & Over 100 SC Meter Breaststroke****Inter Insul: 1:12.68 R 1999****Helen Watts****Finals Time**

Name	Age	Team	Time	Rank
1 Megan Hansford	17	JSY	1:15.83	4
36.85	38.98			
2 Laura Le Cras	20	GUE	1:16.86	3
36.00	40.86			
3 Erin Watterson	17	GUE	1:22.20	2
38.88	43.32			
4 Amber Smith	16	JSY	1:27.56	1
40.02	47.54			

**Event 26 Boys 16 & Over 100 SC Meter Breaststroke****Inter Insul: 1:06.81 R 2019****Charlie-Joe Hallett****Finals Time**

Name	Age	Team	Time	Rank
1 Filip Nowacki	16	JSY	1:07.05	4
31.24	35.81			
2 Sam Sterry	16	JSY	1:11.76	3
33.39	38.37			
3 Luke Le Cras	18	GUE	1:16.52	2
35.90	40.62			
4 Jonathan Beck	26	GUE	1:18.26	1
34.57	43.69			

**Event 27 Girls 11 & Under 100 SC Meter Freestyle****Inter Insul: 1:05.23 R 2007****Kristina Neves****Finals Time**

Name	Age	Team	Time	Rank
1 Lotte Bolton	10	GUE	1:14.05	4
34.79	39.26			
2 Julia Strzezek	11	JSY	1:15.23	3
36.76	38.47			
3 Orla Goodbody	11	JSY	1:15.39	2
37.15	38.24			
4 Lottie Holland	11	GUE	1:18.15	1
38.03	40.12			

**Event 28 Boys 11 & Under 100 SC Meter Freestyle****Inter Insul: 1:06.04 R 2019****Isaac Thompson****Finals Time**

Name	Age	Team	Time	Rank
1 Phillip Zakrzewski	11	JSY	1:17.07	4
36.41	40.66			
2 Zac Howell	10	JSY	1:17.95	3
38.84	39.11			
3 Adam Beak	10	GUE	1:19.62	2
39.17	40.45			
4 Caelen Osborough	10	GUE	1:20.81	1
37.57	43.24			

**Event 29 Girls 12-13 100 SC Meter Breaststroke****Inter Insul: 1:16.93 R 2016****Elissa Polak****Finals Time**

Name	Age	Team	Time	Rank
1 Ellie Grant	12	JSY	1:22.03	4
38.93	43.10			
2 Jessica Boyle	13	GUE	1:23.07	3
39.42	43.65			
3 Grace King	12	GUE	1:23.18	2
39.36	43.82			
4 Elsa Dodds	13	JSY	1:27.13	1
41.14	45.99			

**Event 30 Boys 12-13 100 SC Meter Breaststroke****Inter Insul: 1:15.48 R 2009****Giovanni Guarino****Finals Time**

Name	Age	Team	Time	Rank
1 Samuel Cann	13	GUE	1:21.11	4
37.31	43.80			
2 Zach Maiden	12	GUE	1:27.47	3
41.66	45.81			
3 Barnaby Watson	12	JSY	1:30.85	2
43.10	47.75			
4 Renzo Young	12	JSY	1:33.75	1
43.34	50.41			

**Event 31 Girls 14-15 100 SC Meter Backstroke****Inter Insul: 1:04.05 R 2018****Tatiana Tostevin****Finals Time**

Name	Age	Team	Time	Rank
1 Chloe Hansford	15	JSY	1:08.52	4
33.31	35.21			
2 Elizabeth Powell	14	JSY	1:09.58	3
33.71	35.87			
3 Elodie Riley	15	GUE	1:10.50	2
34.44	36.06			
4 Tara Kennedy	15	GUE	1:12.45	1
34.67	37.78			

**Inter Insular 2023 - 29/09/2023****Results - Session 1****Event 32 Boys 14-15 100 SC Meter Backstroke****Inter Insul: 1:02.12 R 2002****Simon Le Couilliard****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Isaac Thompson	15	JSY	1:00.83 R	4
	29.67	31.16		
2 Harry Militis	14	JSY	1:08.20	3
	33.08	35.12		
3 Cameron Lee	15	GUE	1:09.43	2
	34.08	35.35		
4 Spike Jinks	14	GUE	1:14.05	1
	35.44	38.61		

**Event 33 Girls 16 & Over 100 SC Meter Butterfly****Inter Insul: 1:04.75 R 2015****Olivia Pollard****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Gemma Atherley	26	JSY	1:05.99	4
	30.56	35.43		
2 Megan Hansford	17	JSY	1:06.61	3
	31.78	34.83		
3 Jemima Green	18	GUE	1:07.51	2
	31.77	35.74		
4 Molly Staples	19	GUE	1:08.52	1
	31.68	36.84		

**Event 34 Boys 16 & Over 100 SC Meter Butterfly****Inter Insul: 57.03 R 2007****Simon Le Couilliard****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Joseph Swart	17	JSY	57.15	4
	26.54	30.61		
2 Filip Nowacki	16	JSY	57.72	3
	26.80	30.92		
3 Joshua Dunning	17	GUE	1:06.99	2
	30.47	36.52		
4 Enzo Crowson	16	GUE	1:10.81	1
	32.91	37.90		

**Event 35 Girls 11 & Under 100 SC Meter Backstroke****Inter Insul: 1:13.38 R 2007****Kristina Neves****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Sophia Robinson	11	JSY	1:23.70	4
	41.05	42.65		
2 Julia Strzezek	11	JSY	1:24.95	3
	41.53	43.42		
3 Alena Allison	10	GUE	1:30.95	2
	45.52	45.43		
4 Erin McKenna	11	GUE	1:32.04	1
	44.01	48.03		

**Event 36 Boys 11 & Under 100 SC Meter Backstroke****Inter Insul: 1:14.29 R 2019****Isaac Thompson****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Spencer Smith	11	JSY	1:22.13	4
	39.36	42.77		
2 Phillip Zakrzewski	11	JSY	1:27.46	3
	42.57	44.89		
3 Freddie Moherndl	10	GUE	1:28.17	2
	42.95	45.22		
4 Caelen Osborough	10	GUE	1:31.10	1

**Event 37 Girls 12-13 100 SC Meter Butterfly****Inter Insul: 1:05.61 R 2009****Kristina Neves****Finals Time**

1 Matthew Deffains	16	JSY	54.04	4
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**Name****Age****Team**

1 Elsa Dodds	13	JSY	1:17.31	4
	36.07	41.24		
2 Ellie Grant	12	JSY	1:17.77	3
	36.16	41.61		
3 Scarlett-Rose Foss	13	GUE	1:19.35	2
	36.31	43.04		
4 Jessica Boyle	13	GUE	1:21.41	1
	37.90	43.51		

**Event 38 Boys 12-13 100 SC Meter Butterfly****Inter Insul: 1:07.72 R 1999****Ben Lowndes****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Cooper Robinson	12	GUE	1:12.09	4
	33.62	38.47		
2 Samuel Cann	13	GUE	1:14.57	3
	35.39	39.18		
3 Jack Militis	12	JSY	1:15.56	2
	35.50	40.06		
4 Barnaby Watson	12	JSY	1:23.95	1
	38.19	45.76		

**Event 39 Girls 14-15 100 SC Meter Breaststroke****Inter Insul: 1:17.34 R 2018****Laura Le Cras****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Emma Bourgaize	14	GUE	1:18.65	4
	37.64	41.01		
2 Erin Goodbody	15	JSY	1:18.85	3
	37.16	41.69		
3 Hannah Sterry	14	JSY	1:20.29	2
	38.35	41.94		
4 Emily Hyland	14	GUE	1:29.53	1
	41.45	48.08		

**Event 40 Boys 14-15 100 SC Meter Breaststroke****Inter Insul: 1:08.91 R 2011****Gio Guarino****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Isaac Thompson	15	JSY	1:13.89	4
	35.29	38.60		
2 Jacob Watson	14	JSY	1:17.05	3
	36.51	40.54		
3 Raef Newton	14	GUE	1:25.47	2
	38.88	46.59		
4 Spike Jinks	14	GUE	1:28.83	1
	40.99	47.84		

**Event 41 Girls 16 & Over 100 SC Meter Freestyle****Inter Insul: 58.55 R 2014****Courtney Butcher****Finals Time**

<b>Name</b>	<b>Age</b>	<b>Team</b>		
1 Gemma Atherley	26	JSY	59.54	4
	28.55	30.99		
2 Megan Hansford	17	JSY	1:00.18	3
	29.51	30.67		
3 Hannah Jones	18	GUE	1:00.51	2
	29.33	31.18		
4 Molly Staples	19	GUE	1:01.14	1
	29.73	31.41		

**Event 42 Boys 16 & Over 100 SC Meter Freestyle****Inter Insul: 51.70 R 2013****Miles Munro****Finals Time**

1 Matthew Deffains	16	JSY	54.04	4
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26.41	27.63				
2	Filip Nowacki	16	JSY	54.42	3
26.34	28.08				
3	Joshua Dunning	17	GUE	54.90	2
27.30	27.60				
4	Jonathan Beck	26	GUE	58.03	1
27.38	30.65				

**Event 43 Girls 11 & Under 200 SC Meter Medley Relay****Inter Insul: 2:26.06 R 2006 Guernsey****L Parfit, N Hewlett, K Neves, C Butcher**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	GUE		2:37.80		4
	1) Erin McKenna 11	2) Caletta Hern 11			
	3) Lottie Holland 11	4) Lotte Bolton 10			
	42.07	45.97	38.67	31.09	

--- JSY

DQ DQ

10.13 Feet lost touch with the starting platform before the preceding team-mate touched t

1) Sophia Robinson 11	2) Orla Goodbody 11
3) Julia Strzezek 11	4) Victoria Grant 10
	39.18

**Event 44 Boys 11 & Under 200 SC Meter Medley Relay****Inter Insul: 2:29.15 R 2018 Jersey****S Sterry, F Nowacki, M Deffains, I Thompson**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	GUE		2:47.57		4
	1) Kobe Robinson 10	2) Luke Adcock 11			
	3) Freddie Moherndl 10	4) Adam Beak 10			
	42.93	48.16	41.65	34.83	

--- JSY

DQ DQ

10.12 Relay exchange did not commence from the starting platform

1) Spencer Smith 11	2) Phillip Zakrzewski 11
3) Zac Howell 10	4) Noah Preston 11
38.33	47.07
	44.08

**Event 45 Girls 12-13 200 SC Meter Freestyle Relay****Inter Insul: 1:58.02 R 2009 Jersey****M Kocot, B Cumming, E Bashforth, E Dias**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	JSY		2:02.89		4
	1) Ellie Grant 12	2) Cerys Hansford 13			
	3) Elsa Dodds 13	4) Niamh Church 12			
	30.00	31.48	30.36	31.05	
2	GUE		2:02.95		1
	1) Megan Carter 12	2) Grace King 12			
	3) Claudia Bailey 13	4) Jessica Boyle 13			
	31.09	31.55	31.82	28.49	

**Event 46 Boys 12-13 200 SC Meter Freestyle Relay****Inter Insul: 1:53.53 R 2011 Jersey****A Johnson, T Cairns, H Shalamon, G Jackson**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	GUE		2:01.00		4
	1) Cooper Robinson 12	2) Louis Moherndl 12			
	3) Samuel Cann 13	4) Zach Maiden 12			
	30.11	32.25	29.29	29.35	
2	JSY		2:07.56		1
	1) Barnaby Watson 12	2) Ethan Mwanga 12			
	3) Renzo Young 12	4) Jack Militis 12			
	33.47	31.57	33.84	28.68	

**Event 47 Girls 14-15 200 SC Meter Medley Relay****Inter Insul: 2:06.67 R 2018 Guernsey****T Tostevin, L Le Cras, M Staples, A Rabey**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	JSY		2:08.60		4
	1) Chloe Hansford 15	2) Erin Goodbody 15			
	3) Elizabeth Powell 14	4) Bo Buckley 15			
	32.23	36.31	32.10	27.96	
2	GUE		2:08.72		1
	1) Elodie Riley 15	2) Emma Bourgaize 14			
	3) Tara Kennedy 15	4) Emily Hyland 14			
	33.30	35.16	31.74	28.52	

**Event 48 Boys 14-15 200 SC Meter Medley Relay****Inter Insul: 1:57.33 R 2009 Guernsey****O Nightingale, J Salmon, J Ogier, D Hall**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	JSY		2:01.07		4
	1) Isaac Thompson 15	2) Jacob Watson 14			
	3) Harry Militis 14	4) Jakub Strzezek 14			
	28.42	34.20	29.74	28.71	
2	GUE		2:03.70		1
	1) Cameron Lee 15	2) Oliver Russell 15			
	3) Spike Jinks 14	4) Dylan Graham 14			
	31.44	34.00	30.39	27.87	

**Event 49 Girls 16 & Over 200 SC Meter Freestyle Relay****Inter Insul: 1:52.92 R 2014 Jersey****B Scaife, O Pollard, S Phillips, G Atherley**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	GUE		1:52.32 R		4
	1) Laura Le Cras 20	2) Jemima Green 18			
	3) Hannah Jones 18	4) Molly Staples 19			
	28.12	29.33	26.70	28.17	
2	JSY		1:57.77		1
	1) Seren Coombs 17	2) Megan Hansford 17			
	3) Amber Smith 16	4) Gemma Atherley 26			
	30.12	26.92	31.93	28.80	

**Event 50 Boys 16 & Over 200 SC Meter Freestyle Relay****Inter Insul: 1:37.26 R 2009 Guernsey****I Hubert, J Jurkiewicz, B Lowndes, J Osborne**

	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		
1	JSY		1:40.15		4
	1) Joseph Swart 17	2) Matthew Deffains 16			
	3) Sam Sterry 16	4) Filip Nowacki 16			
	24.94	24.35	25.92	24.94	
---	GUE		DQ DQ		
	10.13 Feet lost touch with the starting platform before the preceding team-mate touched t				
	1) Luke Le Cras 18	2) Enzo Crowson 16			
	3) Joshua Dunning 17	4) Jonathan Beck 26			
	26.05	26.20	25.09		